

Ngā hua o te Haere Whakakorikori

The Benefits of Active Travel



What are the benefits of active travel (walking or wheeling) for you, your whānau, other people and our whole world?

Record your answers on this chart:

These are the benefits of active travel for:

Me	My whānau (family)	My community	Everyone else on earth	Papatūānuku (earth)	Ranginui (the sky)

