

# Mahi Mātātoa Adventure



Teaching Resource

Year: 0-8

Class time: 45 mins

Prep time: 15 mins

**Mā raro, mā wira rānei nā te mea he ara mātātoa!**  
I walk or wheel because it's an adventure!

## What teachers need to know



15 mins

### Teacher preparation:

- Read this resource.
- Prepare art materials.
- Complete any required RAMS/standard operating procedure, if doing a walk outside of school.
- Choose one or more of the activities in the Learning Experience section.

### Learning intention – students will:

- Experience a sense of adventure as they actively travel. They will notice, explore and discover interesting things in the world around them.

### Success criteria – students can:

- Notice people, animals, nature, objects, colours, and so on, when they are walking.



# What teachers need to know

## New Zealand Curriculum Achievement Objectives

### Health and Physical Education

**Level 1** – Personal health and physical development – A2 Regular physical activity. Students will:

- Participate in creative and regular physical activities and identify enjoyable experiences.

### The Arts

**Level 1** – Visual Arts – Developing ideas. Students will:

- Investigate visual ideas in response to a variety of motivations, observation, and imagination.
- *Applies to Sensory collage activity below.*

### Mathematics

**Level 1** – Number and algebra – Number strategies. Students will:

- Solve problems and model situations that require them to use a range of counting, grouping, and equal-sharing strategies with whole numbers and fractions.
- *Applies to Animal count and Rainbow colours activity.*

## Te Whare Tapa Whā

Te Whare Tapa Whā is a holistic model of health, that stems from a Māori world view on wellbeing. It encompasses more than just physical health as the pinnacle to wellbeing. Based on a whare (house model), the taha (or sides) of the whare (house) are; taha tinana (physical wellbeing), taha hinengaro (mental wellbeing), taha wairua (spiritual wellbeing) and taha whānau (family wellbeing). You can incorporate these into the Movin' March Learning Experiences.

More information: [Hauora](#). This also shows the Fonofale model of wellbeing from a Pacific perspective.



## Discussion - How can your journey be an adventure?

Prompt with questions such as:

- How can your journey be surprising and wondrous?
- Do you explore along the way?
- Do you discover things in te taiao (the environment)?
- Do you pat or talk to a friendly cat?
- Do you notice flowers?
- Do you notice bees or other insects?
- Do you count numbers on letterboxes?
- Do you notice what is human-made and what is natural?
- Do you notice te marama (the moon) and what shape it is? Or other things in the sky?

If you have time, collate and present ideas visually.

Art  30 mins

## Kohinga o ngā rongo (sensory collage):

1. As a class go for a walk within your kura (school) or around the streets near your school if possible.
2. Walk and stop in several spots. Use your senses one at a time to experience the different environments you come across. What can you see, hear, smell, taste, feel?
3. Make sketches, take photos, do rubbings, collect objects, etc. Ākongā (students) could also collect their own items on their journey to kura to use.
4. Create a collage together and display it on your classroom wall.



**E hia ngā kararehe? (How many animals?):**

As a class go for a walk within your kura or around the streets nearby if possible. Try to count how many animals you see or hear along the way. You may be surprised how many you notice, eg, birds, insects, cats, dogs, or even pictures of animals on signs, murals, posters.

Who can notice the most? Can you make a tally chart or a bar graph to show your results?

**Ngā Tae o te Uenuku (rainbow colours):**

Count: How many colours can you find?

As a class go for a walk, a scoot or bike around within your kura. Can you spot all the colours of the rainbow?

What objects can you see that are:

- whero (red)
- karaka (orange)
- kōwhai (yellow)
- kakariki (green)
- kikorangi (light blue)
- kahurangi (dark blue/indigo)
- waiporoporo (violet)?

Can you also find:

- māwhero (pink)
- parauri (brown)
- kiwikipi (grey)
- hiriwā (silver)
- koura (gold)
- pāngo (black)
- mā (white)?

Which colour has the most objects?

What colour do you see the least?

Can you make a bar graph or a pie chart to show your results?



## Further activities, resources, and links

- English: Writing letters, persuasive writing, poetry writing.
- Art: Visual arts, murals, posters.
- Maths: Counting - how many steps did I take? How many animals/colours did I see?
- [Resources for Environmental Education](#) | NZAEE
- [Ngā Manu o Aotearoa](#)

Explore other Movin' March resources such as:

- [Toiora \(Wellbeing\)](#)
- [Hono \(Connecting\)](#)
- [Te Taiao \(Environment\)](#)
- [Māia \(Confidence\)](#)
- [Te Haerenga o ngā Tamariki \(The Children's Journey\)](#)

