



# He Whakaaro hei Whakakipakipa i te Haere Whakakorikori

## Possible Actions for Active Travel

**School Resource**  
Ideas and Actions  
Year: 4-8

	Solution	Action
Active travel awareness	Advertising campaign to promote active travel, eg. <a href="#">Auckland Transport – Campaign Planning</a>	Develop posters, brochures, or infomercials and use school resources like TV and radio stations. Share in assembly or on noticeboards.
	Discover how carbon emissions affect the environment	Urban areas may be able to measure the levels of emissions and identify effects on their local community/global community. Create a movie to demonstrate your findings or a billboard type presentation.
	Write and illustrate a picture book for the Junior School. See <a href="#">Waka Kotahi NZTA – Education Portal Case Studies</a>	Using a “Hairy Maclary” type character, their adventures to and from school could be used to demonstrate alternative ways to get to school. It could promote awareness of how active travel is beneficial environmentally, socially, and also good for your health.
	Write a ‘pick a path’ story	Write a story with all sorts of scenarios for other students to create their own outcomes. This could be an online and/or a hard copy activity.
	Writing competition to encourage active travel	Stories written to encourage active travel could be judged and prizes received. They could even be submitted to some media outlet to celebrate or shared in assemblies.
	Write an active travel song, eg. <a href="#">Walk to School Song</a>	Develop a song to a well-known tune, to reinforce the key messages of active travel and the benefits for us, our community, and the planet. Share in class or in assembly.
	Hold a special breakfast for active travellers each term, eg. <a href="#">Auckland Transport – Breakfast Promotion: How To</a>	Approach local business to support by donating healthy cereal, milk, fruit etc. Involve whānau in preparation and make it a community event.
	Investigate <a href="#">kaitiakitanga</a> and mauri, why they are important to consider when making travel plans.	Develop a short film/poster explaining to other students and whānau, encouraging them to think about the bigger picture/environment.
Advocating for change to promote active travel	Design the perfect helmet or active travel vehicle, eg. <a href="#">Upper Hutt City Council helmet competition</a>	Designs are made into prototypes and are tested as an awareness campaign. Continue to develop great ideas using community funding and support.
	Improve facilities for active travel at school, eg. <a href="#">ReCycle Rack</a>	Put a proposal together to suggest the purchase or development of things such as scooter racks or bike sheds.
	Write a letter to the local council outlining improvements that could be made to improve walking, eg. <a href="#">Paremata School</a>	Using the information from the <a href="#">Walkability Checklist</a> , outline the issue and some possible solutions.
	Explore <a href="#">ngā atua</a> and take an action in your school that supports that atua, eg. <a href="#">Worser Bay School and Enviroschools</a> and <a href="#">Berhampore School Walking Pou</a>	Planting vegetable gardens or fruit trees on the berms of local streets where students walk to school to nurture Papatūānuku and Rongomātāne. Or planting native trees to restore Tānemahuta and offer more oxygen for Ranginui and Tāwhirimātea to be clean. Create art murals or <a href="#">Pou</a> with support from mana whenua.

	Solution	Action
Empowering students to active travel	Waka groups for walking to school. See <a href="#">Walking School Bus Resource</a>	After identifying where students could walk from, develop regular walking/scooting/biking groups. These could be tuakana-teina groups.
	Develop a set of lessons for junior school children on how to travel safely to school. See <a href="#">Road safety worksheets – NZTA Education Portal</a> and <a href="#">Safe Travel to School</a> resources	Find out the key advice needed for junior students walking to school. Develop into a set of 3 lessons that are simple and memorable.
	Identify obstacles that stop students from active travel. Devise a plan to overcome one of these issues.	Choose an issue that you could make a difference about. Set up an action plan and implement.
	Walking teen-team	Find some mates that are active travelling from your part of town. Make the most of the time to catch up and talk.
	Create a ‘What if’ action workshop	Find out and develop a workshop that teaches your fellow students what to do if someone is acting strangely or you witness an accident or need to help someone on your active travel journey to school.
	Set up a ‘finding your motivation to active travel’ stall	This stall could help fellow students talk about the pro and cons of active travelling to school and what could help motivate them to make it a daily habit.
	Design several examples of a fitness regime that could be used as students active travel to school.	Develop a template with a fitness goal - places to put in a daily monitoring of time etc. Have different examples for biking, scooting, running and walking. Whānau may use them as well.
	Organise cycle workshops for students in your school.	<a href="#">Pedal Ready</a> do cycle courses with classes. Speak with the teachers or Board of Trustees to encourage them to integrate them into their curriculum programme.
Empowering whānau to assist their students to active travel to school	Organise a parent and student bike maintenance workshop	Find a local bike shop or bike enthusiast who could show whānau how to maintain and upcycle bikes.
	Check out the <a href="#">NZ Police road safety resources</a> for schools	Decide which ones are most relevant to your family and share with whānau.
	Use <a href="#">Map My Journey</a> or <a href="#">Park and Stride</a> resources to develop a safe routes map	Develop a map that whānau can use to see the safest routes that students can take within a certain distance. For eg, an area up to 500m so students living close to school can walk or wheel, while others living further away can park and stride.
	Identify friends and whānau houses as drop off points. See <a href="#">Walking Pou</a> resource.	Identify where your whānau could drop you off to active travel with a friend.
	Whānau carpooling	Develop carpooling plans for a week - term by term, to get students to and from school/after school activities. Set up a way of people letting others know what they could help with.
	Bus catching forum, eg. <a href="#">Safe travel on the bus, train or ferry</a> or <a href="#">NZTA Safety on Buses</a>	Set up a place where students and whānau can share their top tips for getting ready for school in the morning so they are on time for the bus. They might have tips of how to help younger siblings to get ready. Or have an ‘issues’ forum where people can suggest their own ideas to help.

