

# Kia Tū, Kia Hīkoi

## Park and Stride

### Letter to whānau



Date: \_\_\_\_\_

Kia ora e te whānau,

\_\_\_\_\_ [name of school] \_\_\_\_\_ is introducing a Park and Stride initiative!

We want to reduce congestion and improve road safety at our school entrance. We also want to create a safer place for our tamariki to walk or wheel to school. Park and Stride is for whānau who live too far away from school to walk or wheel the entire distance.

#### What is Park and Stride?

1. Park your vehicle 5-10 minutes away from the school gate.
2. Tamariki walk or wheel the remaining distance to school (with or without you depending on their age and ability)

\_\_\_\_\_ [name of designated location] \_\_\_\_\_ has kindly agreed for their carpark to be a designated place for you to park.

Whānau, you can park here during drop-off and pick-up times. Tamariki can walk or wheel from here to kura. You may go with them or send them independently. They will not be supervised by school staff. You choose what is best for you and your child.

If this location isn't suitable for you, please choose another place to park, away from the school entrance. You can walk or wheel with your children from there.

#### Why choose Park and Stride?

The benefits are significant for us all. Walking and wheeling to school promotes hauora – both physical and mental wellbeing. Families connect with each other and their community. You spend less on petrol. By reducing congestion, you help improve road safety around our school. This equals happier and healthier children.

Please contact me to discuss this initiative or ask any questions.

Thank you for your support.

Ngā mihi nui,

Principal/Lead Teacher

[add contact details]